

FRM WPT	TO WPT	MSA	TRK HDG	ALT/FL	LEG REM	TIME EET	FUEL REM
GINON	ETPIL	1200	147	FL150	7.3 292.5		
ETPIL	PI	1800	166	FL150	22 285.2		
PI	ADABI	1700	149	FL150	10 263.2		
ADABI	LMG	2600	155	FL150	49 253.2		
LMG	MAKOX	3500	163	FL150	30 204.2		
MAKOX	ESISI	2100	163	FL150	28 174.2		
ESISI	RATRA	2000	163	FL150	7.1 146.2		
RATRA	LAVRA	2300	163	FL150	7.9 139.1		

FRM WPT	TO WPT	MSA	TRK HDG	ALT/FL	LEG REM	TIME EET	FUEL REM
LAVRA	NARAK	2400	156	FL150	24 131.2		
NARAK	AMOLO	3600	128	FL150	46 107.2		
AMOLO	AFRIC	3600	104	FL150	13 61.2		
AFRIC	BRUSC	4800	103	FL150	6.9 48.2		
BRUSC	LFMT	4900	103	STAR	42 6.2		
LFMT	LFMU	2300	240	ATC	31		
	LFMP						

## IFR NCO - PLOG

REG:	GREG	OBT:	HH:MM	SLOT (ARR):	18:45
A/C Type:	DA40D	TOT:	HH:MM	ALTN:	LFMU
DEP:	EGSG	LDG:	HH:MM	ALTN 2:	LFML
DES:	LFMT	OBT:	HH:MM	LDG (ARR):	HH:MM
SR/SS TIME:	HH:MM				
DEST (FOB):	HH:MM	BLOCK:	HH:MM	AIR:	HH:MM

### Airport & ATIS (Arrival)

### Frequencies

ATIS Code	ATIS	124.13
TIME	APP	130.855
Ceiling & Visibility	APP	131.055
Wind	TWR	118.2
Altimeter	TWR	118.775
Approach	GND	121.955
Runway	PCE	131.575
Other		

### ARRIVAL INFO

### Ground Based AIDS

STAR	VOR/NDB	PI	363
TRANS	VOR/NDB	POI	113.3
ILS/RNP	VOR/NDB	LMG	114.5
RWY	VOR/NDB	FJR	114.45
FREQ	VOR/NDB	FG	108.55
FRZ LEVEL	VOR/NDB	FG	339

### Notes & Runway INFO

RWY	°	DH	ft	STABLE (+500ft)	ft
RWY	°	DH	ft	CONFIG (+1000ft)	ft

Expect Stand F2

BRUSC 6T - RWY